



Resilience is a Team Sport

Trying times test even the strongest of us, and the past three years have presented a number of plot twists to the nonprofit community – not just to our organizations, but to us personally as well. Despite these obstacles, we’re reminded that the best way to manage trials is through teamwork.

Collaboration is critical to the growth of our communities – we must work alongside our donors, clients, and colleagues – both inside and outside our organization. How do we foster these connections for success?

Lisa will share her personal experience of bouncing back after a layoff in the early months of the pandemic. We’ll discuss strategies for relationship management, and learn how truly we should be competing to better ourselves and not against others to win.

Learning Objectives:

- Learn how resilience contributes to our ability to overcome challenges, and how relationships play a key role in this process.
- Discuss the pillars of resilience and how each helps us navigate change in our organizations and in our personal lives.
- Explore strategies to maintain mental wellness through uncertain times.